

Media Release Construction milestone for Nepean Hospital's new Child and Adolescent Mental Health Unit

Tuesday, 17 December 2024

Link to images here

The structure for Nepean Hospital's new Child and Adolescent Mental Health Services (CAMHS) Unit is now complete, marking a significant milestone for the project.

The purpose-built unit will transform mental health care for young people aged 12 to 17 years old across the region, which is being delivered as part of the NSW Government's \$700 million Statewide Mental Health Infrastructure Program.

Located on the Nepean Hospital campus, the new Unit will be co-located with the Nepean Mental Health Unit, streamlining care for patients and their families.

Designed in collaboration with young people, carers, and staff, the new unit will include:

- 10 single bedrooms with ensuites
- A secure indoor communal area and private outdoor courtyard
- Consultation rooms and workspaces
- A dedicated sensory room, learning centre, and media room
- Staff support and administration areas.

The design aims to ensure young people feel safe, supported and comfortable during their stay in the CAMHS Unit.

Work will soon progress on the steel framing, roofing and external cladding.

Construction is due to be completed in 2025, with the new unit ready to accept patients following an operational commissioning period.

Minister for Mental Health Rose Jackson said:

"This construction milestone represents an exciting step forward in the NSW Government's commitment to providing young people with the best mental health care possible.

"The new units have been designed with the best care for young people in mind – they are traumainformed, developmentally responsive and offer therapeutic spaces for recovery.

"The new Child and Adolescent Mental Health Services Unit at Nepean Hospital will ensure that teenagers in Greater Western Sydney have access to world-class health facilities tailored to their unique needs."

Member for Penrith, Karen McKeown said:

"This project is a game-changer for young people and their families in Penrith and surrounding areas.

OFFICIAL

"Once completed, the new Unit will provide much-needed support to young people facing mental health challenges, ensuring they have access to the care they deserve, close to home."

Director of Mental Health at Nepean Blue Mountains Local Health District, Matt Russell said:

"The new Unit will be a valuable addition to a growing network of mental health services for young people within the District.

"Designed in collaboration with young people and carers, it reflects our commitment to delivering mental health care that is responsive, supportive, and centred around the needs of young people and their families."

MEDIA: Elodie Gooden | Minister Jackson | 0488 057 498